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J Sainsbury plc 33 Holborn London ECIN 2HT

Telephone 020 7695 6000 www.j-sainsbury.co.uk

Securities and Exchange Commission
Office Of the International Corporate Finance of Contact Finance of Conta

SUPPL



Ext: 020 7695 6378 Fax: 020 7695 6378 Date: 11 April 2007

Dear Sir

USA

J Sainsbury Announces: Response to Statement from CVC Capital Partners (CVC), The Blackstone Group International Limited (Blackstone) and Texas Pacific Group (TPG)

Please find enclosed copies of the above announcements made to the London Stock Exchange on 11th April 2007.

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Yours sincerely

Hazel Jarvis

Deputy Secretary

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Registered office as above Registered number 185647 England

J Sainsbury plc has noted the decision today by the consortium comprising CVC, Blackstone and TPG not to proceed with an offer for the share capital of Sainsbury's.

The consortium announced on 2 February that it was in the preliminary stages of assessing Sainsbury's. Following this announcement, the consortium made a number of proposals to the Board, all of which were subject to certain pre-conditions. The key pre-conditions were outside the control of the Board and related to the consortium's proposed financing structure. The Board explored with the consortium whether the key pre-conditions attached to the proposals were capable of being satisfied or could be revised, but the consortium concluded that this was not possible. As a result, the consortium decided to cease discussions.

The company is delivering an improving performance with a strong management team and its recovery is already well established. This has been further demonstrated in the recent trading update for the 12 weeks to 24 March 2007 where like-for-like sales, excluding fuel, were up 5.9 per cent, resulting in the ninth consecutive quarter of like-for-like sales growth.

Looking forward the Board believes that Sainsbury's has great potential and it is committed to completing its Making Sainsbury's Great Again recovery plan.

Sainsbury's will report its Preliminary results on 16 May 2007.

Enquirles: Investor Relations Elliot Jordan +44 (0) 20 7695 4931

Media Pip Wood +44 (0) 20 7695 6127

Notes

(1) Certain statements made in this announcement are forward looking statements. Such statements are based on current expectations and are subject to a number of risks and uncertainties that could cause actual results to differ materially from any expected future events or results referred to in these forward looking statements.

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Ext: Fax: 020 7695 6378 020 7695 6378

Date:

05 April 2007

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J Sainsbury Announces: Notification of relevant securities in issue.

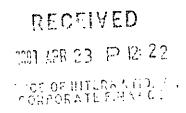
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Yours sincerely

Hazel Jarvis Deputy Secretary

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Registered office as above Registered number 185647 England Sainsbury(J) PLC 05 April 2007



J Sainsbury plc (" Sainsbury's")

Rule 2.10 Announcement

Relevant Securities in Issue

In accordance with Rule 2.10 of the City Code on Takeovers and Mergers, Sainsbury's confirms that it has 1,735,438,509 Ordinary shares of 28 4/7 pence each in issue.

The ISIN reference for these securities is GB00B019KW72.

Dealing Disclosure Requirements

Under the provisions of Rule 8.3 of the Takeover Code (the 'Code'), if any person is, or becomes, 'interested' (directly or indirectly) in 1 per cent or more of any class of 'relevant securities' of Sainsbury's, all 'dealings' in any 'relevant securities' of that company (including by means of an option in respect of, or a derivative referenced to, any such 'relevant securities') must be publicly disclosed by no later than 3.30 pm (London time) on the London business day following the date of the relevant transaction. This requirement will continue until the date on which the offer becomes, or is declared, unconditional as to acceptances, lapses or is otherwise withdrawn or on which the 'offer period' otherwise ends. If two or more persons act together pursuant to an agreement or understanding, whether formal or informal, to acquire an 'interest' in 'relevant securities' of Sainsbury's, they will be deemed to be a single person for the purpose of Rule 8.3.

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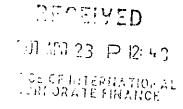
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Ext: Fax: 020 7695 6378 020 7695 6378

Date:

04 April 2007

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J Sainsbury Announces: Notification of relevant securities in issue.

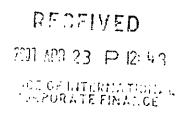
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Yours sincerely

Hazel Jarvis
Deputy Secretary

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Ext: Fax: Date: 020 7695 6378 020 7695 6378

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05 April 2007

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J Sainsbury Announces: Notification of directors holdings.

Please find enclosed copies of the above announcements made to the London Stock Exchange on 5th April 2007.

Yours sincerely

Hazel Jarvis Deputy Secretary

Enc

Registered office as above Registered number 185647 England NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

1. Name of the issuer			
J Sainsbury plc			
2. State whether the notification relates to (i) a transaction notified in $DR\ 3.1.4R(1)(a)$; or	accord	lance	with
(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 3 by section 328) of the Companies Act 1985; or	24 (as	exten	ded
(iii) both (i) and (ii)	C) , E,		3
(i)and (ii)	CLES OF HISE	E S F '	ECHIVE
3. Name of person discharging managerial responsibilities/director		য়	ED
Justin Matthew King	ř.;	1.5	

4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person

N/A

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

Justin Matthew King - J Sainsbury plc share purchase plan trust

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares*

Ordinary Shares 284/7 p each

7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them

HDSL Nominees Limited - SIP

8 State the nature of the transaction

9. Number of <i>snares</i> , debentures of financial instruments relating to <i>snares</i> acquired
21
10. Percentage of issued class acquired (treasury shares of that class should not be
taken into account when calculating percentage)
n/a
11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed
n/a
12. Percentage of issued <i>class</i> disposed (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)
n/a
13. Price per share or value of transaction
553.38p
555.56p
14. Date and place of transaction
05 April 2007
15. Total holding following notification and total percentage holding following
notification (any treasury shares should not be taken into account when calculating percentage)
274,068
16. Date issuer informed of transaction
05 April 2007

the issuer complete the following boxes 17 Date of grant *** *** *** *** *** *** *** *** *** *** *** 18. Period during which or date on which it can be exercised 19. Total amount paid (if any) for grant of the option 20. Description of shares or debentures involved (class and number) *** *** *** *** *** *** *** *** *** *** *** 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise 22. Total number of shares or debentures over which options held following notification

If a person discharging managerial responsibilities has been granted options by

Shares purchased under the Sainsbury's Colleague Share Purchase Plan.
Regular four weekly share purchase
First purchase 28 July 2005
24. Name of contact and telephone number for queries
Gemma Maxted 0207 695 7577
Name and signature of duly authorised officer of issuer responsible for making notification
Name and signature of duly authorised officer of issuer responsible for making notification
notification
notification
notification Hazel Jarvis

23. Any additional information

NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

1. Name of the issuer
J Sainsbury plc
2. State whether the notification relates to (i) a transaction notified in accordance with $DR \ 3.1.4R(1)(a)$; or
(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or
(iii) both (i) and (ii)
<i>(i)</i>
3. Name of person discharging managerial responsibilities/director
Gwyn Burr
4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person
N/A
5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest
Gwyn Burr - J Sainsbury plc share purchase plan trust
6. Description of <i>shares</i> (including <i>class</i>), debentures or derivatives or financial instruments relating to <i>shares</i>
Ordinary Shares 28 ^{4/7} p each
7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them

HDSL Nominees Limited - SIP

9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired
21
10. Percentage of issued <i>class</i> acquired (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)
n/a
11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed
n/a
12. Percentage of issued <i>class</i> disposed (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)
n/a
13. Price per share or value of transaction
553.38p
14. Date and place of transaction
05 April 2007
15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage)
62,650
16. Date issuer informed of transaction
05 April 2007

8 State the nature of the transaction

Purchase

If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes

17 Date of grant
18. Period during which or date on which it can be exercised
19. Total amount paid (if any) for grant of the option
20. Description of shares or debentures involved (class and number)
21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise
22. Total number of <i>shares</i> or debentures over which options held following notification

~~	4	1 1 1 1 1		. •
フィー	Anv	additional	intorm	atior
49.	ZELLY	additional	TITLOT III	uliVI.

Shares purchased under the Sainsbury's Colleague Share Purchase Plan Regular four weekly share purchase

First purchase 15 December 2005

24. Name of contact and telephone number for queries

Gemma Maxted 0207 695 7577

Name and signature of duly authorised officer of issuer responsible for making notification

Hazel Jarvis

Date of notification

05 April 2007

NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

1. Name of the issuer

J Sainsbury plc

- 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or
- (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or

<i>(i)</i>
3. Name of person discharging managerial responsibilities/director Kennedy McMeikan
4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person
N/A
5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest
Kennedy McMeikan - J Sainsbury plc share purchase plan trust
6. Description of shares (including class), debentures or derivatives or financial instruments relating to shares
Ordinary Shares 28 ^{4/7} p each
7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them
HDSL Nominees Limited - SIP
8 State the nature of the transaction
Purchase
9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired 21
10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)
n/a

(iii) both (i) and (ii)

n/a
12. Percentage of issued <i>class</i> disposed (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage) n/a
13. Price per <i>share</i> or value of transaction 553.38p
14. Date and place of transaction 05 April 2007
15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage)
53,123
16. Date issuer informed of transaction
05 April 2007
If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes
17 Date of grant
······································
18. Period during which or date on which it can be exercised
······································

11. Number of shares, debentures or financial instruments relating to shares disposed

19. Fotal amount paid (if any) for grant of the option
20. Description of <i>shares</i> or debentures involved (<i>class</i> and number)
21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise
22. Total number of <i>shares</i> or debentures over which options held following notification
23. Any additional information
Shares purchased under the Sainsbury's Colleague Share Purchase Plan
Regular four weekly share purchase
First purchase 1 June 2006
24. Name of contact and telephone number for queries
Gemma Maxted 0207 695 7577

Name and signature of duly	authorised	officer o	f issuer	responsible	for	making
notification						

Hazel Jarvis

Date of notification

05 April 2007

NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

101 ATR 23 P 12: 45

1. Name of the issuer

J Sainsbury plc

- 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or
- (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or
- (iii) both (i) and (ii)

(i)and (ii)

3. Name of person discharging managerial responsibilities/director

Justin Matthew King

4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person

N/A

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

Justin Matthew King - J Sainsbury plc share purchase plan trust

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares*

Ordinary Shares 28^{4/7} p each

7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them

HDSL Nominees Limited - SIP

8 State the nature of the transaction

9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired
21
10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)
n/a
11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed n/a
12. Percentage of issued <i>class</i> disposed (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)
n/a
13. Price per <i>share</i> or value of transaction
553.38p
14. Date and place of transaction
05 April 2007
15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage)
274,068
16. Date issuer informed of transaction
05 April 2007

the issuer complete the following boxes 17 Date of grant 18. Period during which or date on which it can be exercised 19. Total amount paid (if any) for grant of the option 20. Description of shares or debentures involved (class and number) *** *** *** *** *** *** *** *** *** *** *** 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise 22. Total number of shares or debentures over which options held following notification

If a person discharging managerial responsibilities has been granted options by

Shares purchased under the Sainsbury's Colleague Share Purchase Plan.
Regular four weekly share purchase
First purchase 28 July 2005
24. Name of contact and telephone number for queries
Gemma Maxted 0207 695 7577
Name and signature of duly authorised officer of issuer responsible for making notification
Hazel Jarvis
Date of notification
05 April 2007

23. Any additional information

NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

1. Name of the <i>issuer</i>
J Sainsbury plc
2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or
(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or
(iii) both (i) and (ii)
(i)
3. Name of person discharging managerial responsibilities/director
Gwyn Burr
4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person
N/A
5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest
Gwyn Burr - J Sainsbury plc share purchase plan trust
6. Description of <i>shares</i> (including <i>class</i>), debentures or derivatives or financial instruments relating to <i>shares</i>
Ordinary Shares 28 ^{4/7} p each
7. Name of registered shareholders(s) and, if more than one, the number of <i>shares</i> held by each of them

9. Number of shares, debentures or financial instruments relating to shares acquired
21
10. Percentage of issued <i>class</i> acquired (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)
n/a
11. Number of shares, debentures or financial instruments relating to shares disposed
n/a
12. Percentage of issued <i>class</i> disposed (<i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)
n/a
13. Price per share or value of transaction
553.38p
14. Date and place of transaction
05 April 2007
15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage)
62,650
16. Date issuer informed of transaction

8 State the nature of the transaction

Purchase

If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes

17 Date of grant
18. Period during which or date on which it can be exercised
19. Total amount paid (if any) for grant of the option
20. Description of <i>shares</i> or debentures involved (<i>class</i> and number)
21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise
22. Total number of <i>shares</i> or debentures over which options held following notification

23. Any additional information
Shares purchased under the Sainsbury's Colleague Share Purchase Plan
Regular four weekly share purchase
First purchase 15 December 2005
24. Name of contact and telephone number for queries
Gemma Maxted 0207 695 7577
Name and signature of duly authorised officer of issuer responsible for making notification
Hazel Jarvis
Date of notification
05 April 2007
NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS
1. Name of the issuer

2. State whether the notification relates to (i) a transaction notified in accordance with

(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended

J Sainsbury plc

DR 3.1.4R(1)(a); or

by section 328) of the Companies Act 1985; or

<i>(i)</i>
3. Name of person discharging managerial responsibilities/director
Kennedy McMeikan
4. State whether notification relates to a <i>person</i> connected with a <i>person discharging</i> managerial responsibilities/director named in 3 and identify the connected person
N/A
5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest
Kennedy McMeikan - J Sainsbury plc share purchase plan trust
6. Description of <i>shares</i> (including <i>class</i>), debentures or derivatives or financial instruments relating to <i>shares</i>
Ordinary Shares 28 ^{4/7} p each
7. Name of registered shareholders(s) and, if more than one, the number of <i>shares</i> held by each of them
HDSL Nominees Limited - SIP
8 State the nature of the transaction
Purchase
9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired
21
10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)
n/a

(iii) both (i) and (ii)

11. Number of shares, debentures or financial instruments relating to shares disposed
n/a
12. Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)
n/a
13. Price per share or value of transaction
553.38p
14. Date and place of transaction
05 April 2007
15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage)
53,123
16. Date issuer informed of transaction
05 April 2007
If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes
17 Date of grant
18. Period during which or date on which it can be exercised

19. Total amount paid (If any) for grant of the option
20. Description of <i>shares</i> or debentures involved (<i>class</i> and number)
21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise
22. Total number of <i>shares</i> or debentures over which options held following notification
23. Any additional information
Shares purchased under the Sainsbury's Colleague Share Purchase Plan
Regular four weekly share purchase
First purchase 1 June 2006
24. Name of contact and telephone number for queries
Gemma Maxted 0207 695 7577

Name a	nd signature	of duly	authorised	officer	of i	ssuer	responsible	for	making
notificat	ion								

Hazel Jarvis

Date of notification

05 April 2007

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# NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OF CONNECTED PERSONS

GEOFMAN TO A

1. Name of the issuer

J Sainsbury plc

- 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or
- (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or
- (iii) both (i) and (ii)

(i)and (ii)

3. Name of person discharging managerial responsibilities/director

Justin Matthew King

4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person

N/A

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

Justin Matthew King - J Sainsbury plc share purchase plan trust

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares* 

Ordinary Shares 28417 p each

7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them

HDSL Nominees Limited - SIP

8 State the nature of the transaction

| 9. Number of shares, debentures or financial instruments relating to shares acquired                                                                                                                                                                                       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 21                                                                                                                                                                                                                                                                         |
|                                                                                                                                                                                                                                                                            |
| 10. Percentage of issued <i>class</i> acquired ( <i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)                                                                                                                 |
| n/a                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                                                                            |
| 11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed                                                                                                                                                                       |
| n/a                                                                                                                                                                                                                                                                        |
| 12. Percentage of issued <i>class</i> disposed ( <i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)                                                                                                                 |
| n/a                                                                                                                                                                                                                                                                        |
| 17.4                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                                            |
| 13. Price per <i>share</i> or value of transaction                                                                                                                                                                                                                         |
| 13. Price per <i>share</i> or value of transaction                                                                                                                                                                                                                         |
| 13. Price per <i>share</i> or value of transaction 553.38p                                                                                                                                                                                                                 |
| 553.38p                                                                                                                                                                                                                                                                    |
| 553.38p  14. Date and place of transaction                                                                                                                                                                                                                                 |
| 553.38p                                                                                                                                                                                                                                                                    |
| 553.38p  14. Date and place of transaction                                                                                                                                                                                                                                 |
| <ul> <li>553.38p</li> <li>14. Date and place of transaction</li> <li>05 April 2007</li> <li>15. Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating</li> </ul> |
| <ul> <li>14. Date and place of transaction</li> <li>05 April 2007</li> <li>15. Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating percentage)</li> </ul>      |
| <ul> <li>14. Date and place of transaction</li> <li>05 April 2007</li> <li>15. Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating percentage)</li> </ul>      |

If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes

| 17 Date of grant                                                                                              |
|---------------------------------------------------------------------------------------------------------------|
|                                                                                                               |
| 18. Period during which or date on which it can be exercised                                                  |
|                                                                                                               |
| 19. Total amount paid (if any) for grant of the option                                                        |
|                                                                                                               |
| 20. Description of shares or debentures involved (class and number)                                           |
|                                                                                                               |
|                                                                                                               |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed a the time of exercise |
|                                                                                                               |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                |
|                                                                                                               |

| 23. Any additional information                                                              |
|---------------------------------------------------------------------------------------------|
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan.                       |
| Regular four weekly share purchase                                                          |
| First purchase 28 July 2005                                                                 |
| 24. Name of contact and telephone number for queries                                        |
| Gemma Maxted 0207 695 7577                                                                  |
| Name and signature of duly authorised officer of issuer responsible for making notification |
| Hazel Jarvis                                                                                |

Date of notification

05 April 2007

# NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

| 1. Name of the issuer                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| J Sainsbury plc                                                                                                                                                         |
|                                                                                                                                                                         |
| 2. State whether the notification relates to (i) a transaction notified in accordance with $DR\ 3.1.4R(1)(a)$ ; or                                                      |
| (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or                                      |
| (iii) both (i) and (ii)                                                                                                                                                 |
| <i>(i)</i>                                                                                                                                                              |
|                                                                                                                                                                         |
| 3. Name of person discharging managerial responsibilities/director                                                                                                      |
| Gwyn Burr                                                                                                                                                               |
|                                                                                                                                                                         |
| 4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person |
| N/A                                                                                                                                                                     |
| 5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest             |
| Gwyn Burr - J Sainsbury plc share purchase plan trust                                                                                                                   |
|                                                                                                                                                                         |
| 6. Description of <i>shares</i> (including <i>class</i> ), debentures or derivatives or financial instruments relating to <i>shares</i>                                 |
| Ordinary Shares 28 <sup>4/7</sup> p each                                                                                                                                |
|                                                                                                                                                                         |
| 7. Name of registered shareholders(s) and, if more than one, the number of <i>shares</i> held by each of them                                                           |

HDSL Nominees Limited - SIP

| Purchase                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired 21                                                                                  |
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)  n/a                                               |
| 11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed $n/a$                                                                              |
| 12. Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)  n/a                                               |
| 13. Price per <i>share</i> or value of transaction  553.38p                                                                                                                             |
| 14. Date and place of transaction 05 April 2007                                                                                                                                         |
| 15. Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating percentage)  62,650 |
| 16. Date issuer informed of transaction                                                                                                                                                 |

8 State the nature of the transaction

05 April 2007

#### If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes

| 17 Date of grant                                                                                              |
|---------------------------------------------------------------------------------------------------------------|
|                                                                                                               |
| 18. Period during which or date on which it can be exercised                                                  |
|                                                                                                               |
| 19. Total amount paid (if any) for grant of the option                                                        |
|                                                                                                               |
| 20. Description of shares or debentures involved (class and number)                                           |
|                                                                                                               |
|                                                                                                               |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed a the time of exercise |
|                                                                                                               |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                |
|                                                                                                               |

Shares purchased under the Sainsbury's Colleague Share Purchase Plan Regular four weekly share purchase First purchase 15 December 2005 24. Name of contact and telephone number for queries Gemma Maxted 0207 695 7577 Name and signature of duly authorised officer of issuer responsible for making notification Hazel Jarvis Date of notification 05 April 2007 NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED **PERSONS** 1. Name of the issuer J Sainsbury plc 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended

by section 328) of the Companies Act 1985; or

| (iii) both (i) and (ii)                                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>(i)</i>                                                                                                                                                              |
| 3. Name of person discharging managerial responsibilities/director                                                                                                      |
| Kennedy McMeikan                                                                                                                                                        |
| 4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person |
| N/A                                                                                                                                                                     |
| 5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest             |
| Kennedy McMeikan - J Sainsbury plc share purchase plan trust                                                                                                            |
| 6. Description of <i>shares</i> (including <i>class</i> ), debentures or derivatives or financial instruments relating to <i>shares</i>                                 |
| Ordinary Shares 28 <sup>4/7</sup> p each                                                                                                                                |
| 7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them                                                                  |
| HDSL Nominees Limited - SIP                                                                                                                                             |
| 8 State the nature of the transaction                                                                                                                                   |
| Purchase                                                                                                                                                                |
| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired 21                                                                  |
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)                                    |
| n/a                                                                                                                                                                     |

| 11. Number of shares, debentures or financial instruments relating to shares disposed                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| n/a                                                                                                                                                                                    |
|                                                                                                                                                                                        |
| 12. Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)                                                   |
| n/a                                                                                                                                                                                    |
|                                                                                                                                                                                        |
| 13. Price per share or value of transaction                                                                                                                                            |
| 553.38p                                                                                                                                                                                |
|                                                                                                                                                                                        |
| 14. Date and place of transaction                                                                                                                                                      |
| 05 April 2007                                                                                                                                                                          |
|                                                                                                                                                                                        |
| 15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage) |
| 53,123                                                                                                                                                                                 |
|                                                                                                                                                                                        |
| 16. Date issuer informed of transaction                                                                                                                                                |
| 05 April 2007                                                                                                                                                                          |
|                                                                                                                                                                                        |
| If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes                                                                |
| 17 Date of grant                                                                                                                                                                       |
|                                                                                                                                                                                        |
|                                                                                                                                                                                        |
|                                                                                                                                                                                        |
| 18. Period during which or date on which it can be exercised                                                                                                                           |
| <b>5</b>                                                                                                                                                                               |
|                                                                                                                                                                                        |
|                                                                                                                                                                                        |

| 19. Total amount paid (if any) for grant of the option                                                         |
|----------------------------------------------------------------------------------------------------------------|
|                                                                                                                |
| 20. Description of <i>shares</i> or debentures involved ( <i>class</i> and number)                             |
|                                                                                                                |
|                                                                                                                |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise |
|                                                                                                                |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                 |
| 23. Any additional information                                                                                 |
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan                                           |
| Regular four weekly share purchase                                                                             |
| First purchase 1 June 2006                                                                                     |
| 24. Name of contact and telephone number for queries                                                           |

| Name    | and signs | ature of | duly | authorised | officer | of | issuer | responsible | for | making |
|---------|-----------|----------|------|------------|---------|----|--------|-------------|-----|--------|
| notific | ation     |          |      |            |         |    |        |             |     |        |

Hazel Jarvis

#### Date of notification

05 April 2007

### NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

7001 409 23 P 12: 45
TO SEE OF ENTERHANDAM.
CORPORATE FRANKS

1. Name of the issuer

J Sainsbury plc

- 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or
- (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or
- (iii) both (i) and (ii)
- (i)and (ii)
- 3. Name of person discharging managerial responsibilities/director

Justin Matthew King

4. State whether notification relates to a *person* connected with a *person discharging managerial responsibilities/director* named in 3 and identify the *connected person* 

N/A

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

Justin Matthew King - J Sainsbury plc share purchase plan trust

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares* 

Ordinary Shares 28<sup>4/7</sup> p each

7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them

HDSL Nominees Limited - SIP

8 State the nature of the transaction

| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 21                                                                                                                                                                                     |
|                                                                                                                                                                                        |
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)                                                   |
| n/a                                                                                                                                                                                    |
|                                                                                                                                                                                        |
| 11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed                                                                                   |
| n/a                                                                                                                                                                                    |
|                                                                                                                                                                                        |
| 12. Percentage of issued <i>class</i> disposed ( <i>treasury shares</i> of that <i>class</i> should not be                                                                             |
| taken into account when calculating percentage)                                                                                                                                        |
| n/a                                                                                                                                                                                    |
|                                                                                                                                                                                        |
| 13. Price per <i>share</i> or value of transaction                                                                                                                                     |
| 553.38p                                                                                                                                                                                |
|                                                                                                                                                                                        |
| 14. Date and place of transaction                                                                                                                                                      |
| 05 April 2007                                                                                                                                                                          |
| 03 .ip. ii 2007                                                                                                                                                                        |
| 15 Total halding following notification and total noncentage halding following                                                                                                         |
| 15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage) |
| 274,068                                                                                                                                                                                |
|                                                                                                                                                                                        |
| 16. Date issuer informed of transaction                                                                                                                                                |
| 05 April 2007                                                                                                                                                                          |
|                                                                                                                                                                                        |
|                                                                                                                                                                                        |

the issuer complete the following boxes 17 Date of grant ... ... ... ... ... ... ... ... ... 18. Period during which or date on which it can be exercised \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* 19. Total amount paid (if any) for grant of the option \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* 20. Description of shares or debentures involved (class and number) ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* 22. Total number of shares or debentures over which options held following notification

If a person discharging managerial responsibilities has been granted options by

23. Any additional information

## NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

| 1. Name of the issuer                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| J Sainsbury plc                                                                                                                                                         |
|                                                                                                                                                                         |
| 2. State whether the notification relates to (i) a transaction notified in accordance with $DR\ 3.1.4R(1)(a)$ ; or                                                      |
| (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or                                      |
| (iii) both (i) and (ii)                                                                                                                                                 |
| <i>(i)</i>                                                                                                                                                              |
|                                                                                                                                                                         |
| 3. Name of person discharging managerial responsibilities/director                                                                                                      |
| Gwyn Burr                                                                                                                                                               |
| Owyn Duri                                                                                                                                                               |
|                                                                                                                                                                         |
| 4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person |
| N/A                                                                                                                                                                     |
| 5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest             |
| Gwyn Burr - J Sainsbury plc share purchase plan trust                                                                                                                   |
|                                                                                                                                                                         |
| 6. Description of <i>shares</i> (including <i>class</i> ), debentures or derivatives or financial instruments relating to <i>shares</i>                                 |
| Ordinary Shares 28 <sup>4/7</sup> p each                                                                                                                                |
|                                                                                                                                                                         |
| 7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them                                                                  |

HDSL Nominees Limited - SIP

| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)  n/a                                              |
| 11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed $n/a$                                                                             |
| 12. Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)  n/a                                              |
| 13. Price per <i>share</i> or value of transaction  553.38p                                                                                                                            |
| 14. Date and place of transaction  05 April 2007                                                                                                                                       |
| 15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage) |
| 62,650                                                                                                                                                                                 |
| 16. Date issuer informed of transaction 05 April 2007                                                                                                                                  |

8 State the nature of the transaction

Purchase

If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes

| 17 Date of grant                                                                                               |
|----------------------------------------------------------------------------------------------------------------|
|                                                                                                                |
| 18. Period during which or date on which it can be exercised                                                   |
| ······································                                                                         |
| 19. Total amount paid (if any) for grant of the option                                                         |
| ······································                                                                         |
| 20. Description of <i>shares</i> or debentures involved ( <i>class</i> and number)                             |
|                                                                                                                |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise |
|                                                                                                                |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                 |
|                                                                                                                |

| 23. Any additional information                                                                                |
|---------------------------------------------------------------------------------------------------------------|
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan                                          |
| Regular four weekly share purchase                                                                            |
| First purchase 15 December 2005                                                                               |
| 24. Name of contact and telephone number for queries                                                          |
| Gemma Maxted 0207 695 7577                                                                                    |
| Name and signature of duly authorised officer of issuer responsible for making notification                   |
| Hazel Jarvis                                                                                                  |
| Date of notification                                                                                          |
| 05 April 2007                                                                                                 |
|                                                                                                               |
| NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS |
| 1. Name of the issuer                                                                                         |
| J Sainsbury plc                                                                                               |
| 2. State whether the notification relates to (i) a transaction notified in accordance with                    |

(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended

DR 3.1.4R(1)(a); or

by section 328) of the Companies Act 1985; or

| <i>(i)</i>                                                                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3. Name of person discharging managerial responsibilities/director                                                                                                                    |
| Kennedy McMeikan                                                                                                                                                                      |
| 4. State whether notification relates to a <i>person</i> connected with a <i>person discharging</i> managerial responsibilities/director named in 3 and identify the connected person |
| N/A                                                                                                                                                                                   |
| 5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest                           |
| Kennedy McMeikan - J Sainsbury plc share purchase plan trust                                                                                                                          |
| 6. Description of <i>shares</i> (including <i>class</i> ), debentures or derivatives or financial instruments relating to <i>shares</i>                                               |
| Ordinary Shares 28 <sup>4/7</sup> p each                                                                                                                                              |
| 7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them                                                                                |
| HDSL Nominees Limited - SIP                                                                                                                                                           |
| 8 State the nature of the transaction                                                                                                                                                 |
| Purchase                                                                                                                                                                              |
| 9. Number of shares, debentures or financial instruments relating to shares acquired                                                                                                  |
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)                                                  |
|                                                                                                                                                                                       |

(iii) both (i) and (ii)

| n/a                                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12. Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)  n/a                                               |
| 13. Price per <i>share</i> or value of transaction                                                                                                                                      |
| 553.38p                                                                                                                                                                                 |
| 14. Date and place of transaction  05 April 2007                                                                                                                                        |
| 15. Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating percentage)  53,123 |
|                                                                                                                                                                                         |
| 16. Date issuer informed of transaction                                                                                                                                                 |
| 05 April 2007                                                                                                                                                                           |
| If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes                                                                 |
| 17 Date of grant                                                                                                                                                                        |
|                                                                                                                                                                                         |
| 18. Period during which or date on which it can be exercised                                                                                                                            |
|                                                                                                                                                                                         |

11. Number of shares, debentures or financial instruments relating to shares disposed

| 19. Total amount paid (If any) for grant of the option                                                         |
|----------------------------------------------------------------------------------------------------------------|
|                                                                                                                |
| 20. Description of shares or debentures involved (class and number)                                            |
|                                                                                                                |
|                                                                                                                |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise |
|                                                                                                                |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                 |
|                                                                                                                |
| 23. Any additional information                                                                                 |
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan                                           |
| Regular four weekly share purchase                                                                             |
| First purchase 1 June 2006                                                                                     |
| 24. Name of contact and telephone number for queries                                                           |
| Gemma Maxted 0207 695 7577                                                                                     |

| Name and signature of duly authori | sed officer | of issuer | responsible fo | r making |
|------------------------------------|-------------|-----------|----------------|----------|
| notification                       |             |           |                |          |

Hazel Jarvis

Date of notification

05 April 2007

### NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

201 499 23 P 12: 45

1. Name of the issuer

CORPORATE FINANCE

J Sainsbury plc

- 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or
- (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or
- (iii) both (i) and (ii)
- (i)and (ii)
- 3. Name of person discharging managerial responsibilities/director

Justin Matthew King

4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person

N/A

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

Justin Matthew King - J Sainsbury plc share purchase plan trust

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares* 

Ordinary Shares 28417 p each

7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them

HDSL Nominees Limited - SIP

8 State the nature of the transaction

| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 21                                                                                                                                                                                     |
| 10. Percentage of issued <i>class</i> acquired ( <i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)                             |
| n/a                                                                                                                                                                                    |
| 11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed $n/a$                                                                             |
|                                                                                                                                                                                        |
| 12. Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)                                                   |
| n/a                                                                                                                                                                                    |
| 13. Price per <i>share</i> or value of transaction                                                                                                                                     |
| 553.38p                                                                                                                                                                                |
| 14. Date and place of transaction                                                                                                                                                      |
| 05 April 2007                                                                                                                                                                          |
| 15. Total holding following natification and total paraoutage holding following                                                                                                        |
| 15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage) |
| 274,068                                                                                                                                                                                |
| 16. Date issuer informed of transaction                                                                                                                                                |
| 05 April 2007                                                                                                                                                                          |
|                                                                                                                                                                                        |

the issuer complete the following boxes 17 Date of grant ... ... ... ... ... ... ,.. ,.. ,.. ... ... 18. Period during which or date on which it can be exercised 19. Total amount paid (if any) for grant of the option ... ... ... ... ... ... ... ... ... ... 20. Description of shares or debentures involved (class and number) •••••••••••• ... ... ... ... ... ... ... ... ... ... 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* \*\*\* 22. Total number of shares or debentures over which options held following notification

If a person discharging managerial responsibilities has been granted options by

| 23. Any additional information                                                              |
|---------------------------------------------------------------------------------------------|
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan.                       |
| Regular four weekly share purchase                                                          |
| First purchase 28 July 2005                                                                 |
| 24. Name of contact and telephone number for queries                                        |
| Gemma Maxted 0207 695 7577                                                                  |
| Name and signature of duly authorised officer of issuer responsible for making notification |
| Hazel Jarvis                                                                                |

Date of notification

05 April 2007

# NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

| 1. Name of the <i>issuer</i>                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| J Sainsbury plc                                                                                                                                                         |
|                                                                                                                                                                         |
| 2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or                                                          |
| (ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or                                      |
| (iii) both (i) and (ii)                                                                                                                                                 |
| (i)                                                                                                                                                                     |
|                                                                                                                                                                         |
| 3. Name of person discharging managerial responsibilities/director                                                                                                      |
| Gwyn Burr                                                                                                                                                               |
|                                                                                                                                                                         |
| 4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person |
| N/A                                                                                                                                                                     |
| 5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest             |
| Gwyn Burr - J Sainsbury plc share purchase plan trust                                                                                                                   |
|                                                                                                                                                                         |
| 6. Description of <i>shares</i> (including <i>class</i> ), debentures or derivatives or financial instruments relating to <i>shares</i>                                 |
| Ordinary Shares 28 <sup>4/7</sup> p each                                                                                                                                |
|                                                                                                                                                                         |
| 7. Name of registered shareholders(s) and, if more than one, the number of shares held by each of them                                                                  |
| HDSL Nominees Limited - SIP                                                                                                                                             |

| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired 21                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)  n/a                                                      |
| 11. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> disposed $n/a$                                                                                     |
| 12. Percentage of issued <i>class</i> disposed ( <i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)  n/a                                |
| 13. Price per <i>share</i> or value of transaction 553.38p                                                                                                                                     |
| 14. Date and place of transaction                                                                                                                                                              |
| 05 April 2007                                                                                                                                                                                  |
| 15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage)  62,650 |
| 16. Date issuer informed of transaction                                                                                                                                                        |
| 05 April 2007                                                                                                                                                                                  |

8 State the nature of the transaction

Purchase

If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes

| 17 Date of grant                                                                                               |
|----------------------------------------------------------------------------------------------------------------|
|                                                                                                                |
| 18. Period during which or date on which it can be exercised                                                   |
|                                                                                                                |
| 19. Total amount paid (if any) for grant of the option                                                         |
|                                                                                                                |
| 20. Description of shares or debentures involved (class and number)                                            |
| ······································                                                                         |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise |
| ······································                                                                         |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                 |
| ······································                                                                         |

| 23. Any additional information                                                                                |
|---------------------------------------------------------------------------------------------------------------|
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan                                          |
| Regular four weekly share purchase                                                                            |
| First purchase 15 December 2005                                                                               |
| 24. Name of contact and telephone number for queries                                                          |
| Gemma Maxted 0207 695 7577                                                                                    |
| Name and signature of duly authorised officer of issuer responsible for making notification                   |
| Hazel Jarvis                                                                                                  |
| Date of notification                                                                                          |
| 05 April 2007                                                                                                 |
|                                                                                                               |
| NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS |
| 1. Name of the issuer                                                                                         |
| J Sainsbury plc                                                                                               |
| 2. State whether the notification relates to (i) a transaction notified in accordance with                    |

(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended

DR 3.1.4R(1)(a); or

by section 328) of the Companies Act 1985; or

| <i>(i)</i>                                                                                                                                                              |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                         |
| 3. Name of person discharging managerial responsibilities/director                                                                                                      |
| Kennedy McMeikan                                                                                                                                                        |
|                                                                                                                                                                         |
| 4. State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person |
| N/A                                                                                                                                                                     |
| 5. Indicate whether the notification is in respect of a holding of the <i>person</i> referred to in 3 or 4 above or in respect of a non-beneficial interest             |
| Kennedy McMeikan - J Sainsbury plc share purchase plan trust                                                                                                            |
|                                                                                                                                                                         |
| 6. Description of <i>shares</i> (including <i>class</i> ), debentures or derivatives or financial instruments relating to <i>shares</i>                                 |
| Ordinary Shares 28 <sup>4/7</sup> p each                                                                                                                                |
|                                                                                                                                                                         |
| 7. Name of registered shareholders(s) and, if more than one, the number of <i>shares</i> held by each of them                                                           |
| HDSL Nominees Limited - SIP                                                                                                                                             |
| 8 State the nature of the transaction                                                                                                                                   |
| Purchase                                                                                                                                                                |
|                                                                                                                                                                         |
| 9. Number of <i>shares</i> , debentures or financial instruments relating to <i>shares</i> acquired                                                                     |
| 21                                                                                                                                                                      |
|                                                                                                                                                                         |
| 10. Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)                                    |
| n/a                                                                                                                                                                     |

(iii) both (i) and (ii)

| n/a                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12. Percentage of issued <i>class</i> disposed ( <i>treasury shares</i> of that <i>class</i> should not be taken into account when calculating percentage)                             |
| n/a                                                                                                                                                                                    |
| 13. Price per <i>share</i> or value of transaction                                                                                                                                     |
| 553.38p                                                                                                                                                                                |
| 14. Date and place of transaction                                                                                                                                                      |
| 05 April 2007                                                                                                                                                                          |
| 15. Total holding following notification and total percentage holding following notification (any <i>treasury shares</i> should not be taken into account when calculating percentage) |
| 53,123                                                                                                                                                                                 |
| 16. Date issuer informed of transaction                                                                                                                                                |
| 05 April 2007                                                                                                                                                                          |
| If a person discharging managerial responsibilities has been granted options by<br>the issuer complete the following boxes                                                             |
| 17 Date of grant                                                                                                                                                                       |
|                                                                                                                                                                                        |
|                                                                                                                                                                                        |
| 18. Period during which or date on which it can be exercised                                                                                                                           |
|                                                                                                                                                                                        |

11. Number of shares, debentures or financial instruments relating to shares disposed

| 19. Total amount paid (if any) for grant of the option                                                         |
|----------------------------------------------------------------------------------------------------------------|
|                                                                                                                |
| 20. Description of <i>shares</i> or debentures involved ( <i>class</i> and number)                             |
|                                                                                                                |
|                                                                                                                |
| 21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise |
|                                                                                                                |
| 22. Total number of <i>shares</i> or debentures over which options held following notification                 |
|                                                                                                                |
| 23. Any additional information                                                                                 |
| Shares purchased under the Sainsbury's Colleague Share Purchase Plan                                           |
| Regular four weekly share purchase                                                                             |
| First purchase 1 June 2006                                                                                     |
| 24. Name of contact and telephone number for queries                                                           |
| Gemma Maxted 0207 695 7577                                                                                     |

Name and signature of duly authorised officer of issuer responsible for making notification

Hazel Jarvis

Date of notification

05 April 2007

END